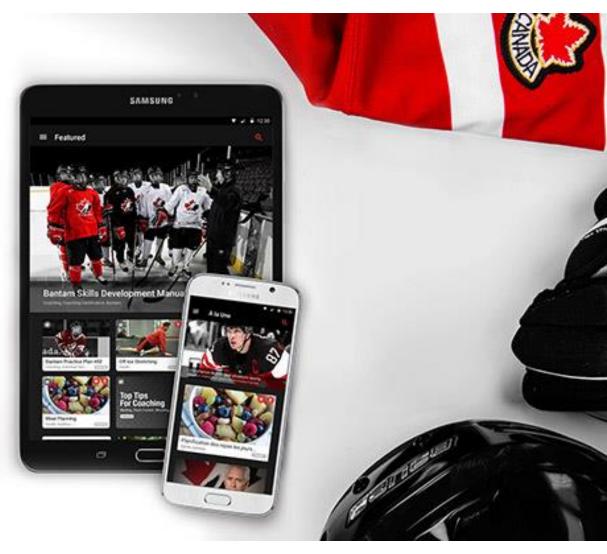


Hockey Canada Network App

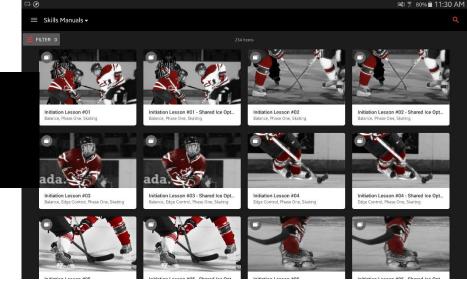




2018 - 19

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VISION: WORLD SPORTS LEADERS

Hockey Canada Development



The Future of Coaching / Educating / Sharing

The Hockey Canada Network App and today's technology is a game changer for Coaches and Players.



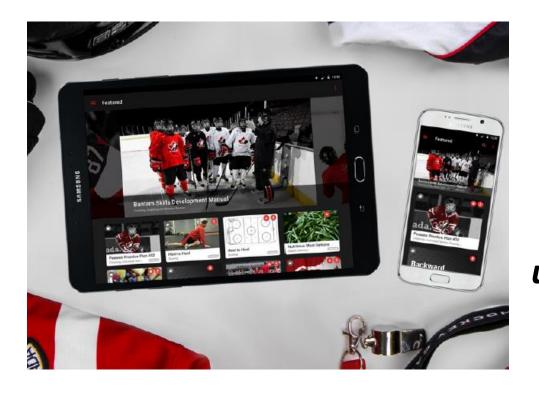
- -Drills
- -Video
- -Practice Plans
- -Information
- -Sharing





www.hockeycanadanetwork.com







The HC Network App can be downloaded to multiple devices using the same login credentials.

Android / iOS / English / French



SUBSCRIBE

Getting started is easy...

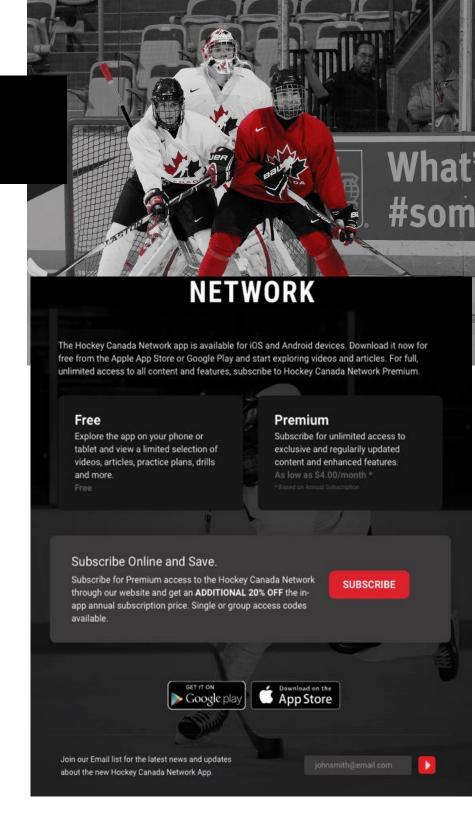
Download the app through the App Store or Google Play.

Subscribe in-app or online for immediate access, distribution and savings.

Purchase Hockey Canada Network **access codes** online for your team or local minor hockey organization.





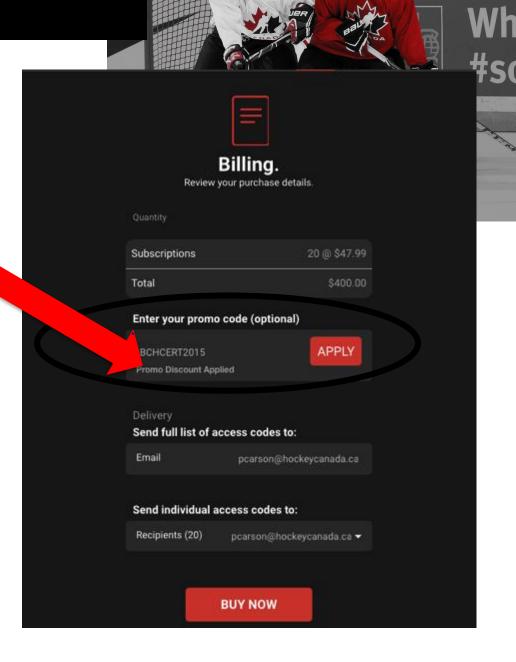


SUBSCRIBE

Promo Code Example:

HCCERT2017

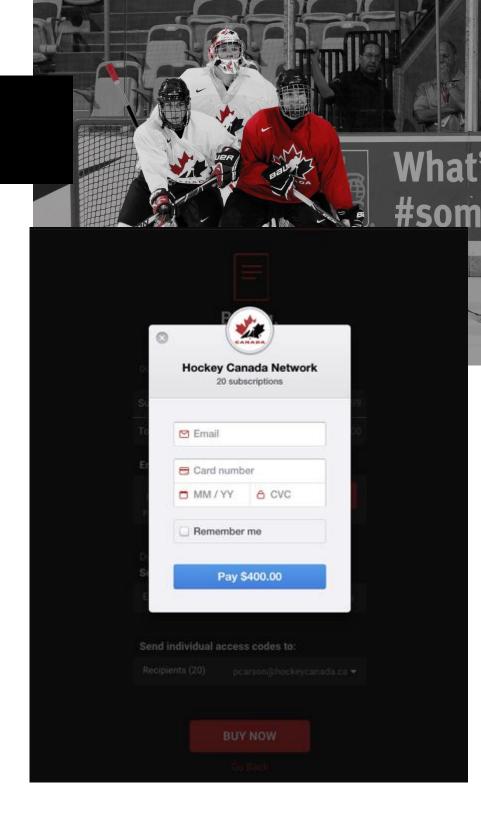
- Enter the Branch Specific promo code
- Click the APPLY button
- The price per unit will change to \$23.00 per unit on the payment page



SUBSCRIBE

Code: HCCERT2017

- The example to the right shows
 '20' access codes being purchased
 at \$23 per unit
- The total fee is \$460
- The purchaser can decide to distribute the codes directly from this platform when entering all the email addresses
- Or have all the codes directed to the purchaser

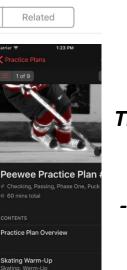


SUBSCRIBE





DEVELOPMENT MANUALS





The HC Network App is a free download from:





- Premium content is available through subscription.
- Anyone who has the subscription can share any article, drill, video with someone who has the free version without them having to buy the HC Network App.



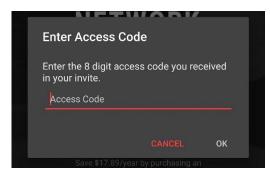


SUBSCRIBE



Enter the 8 digit access code that was e-mailed / provided to you or on the card provided to you



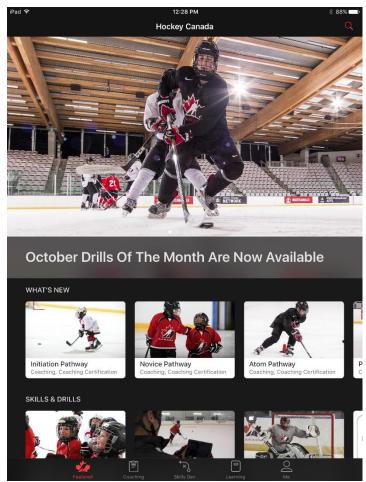




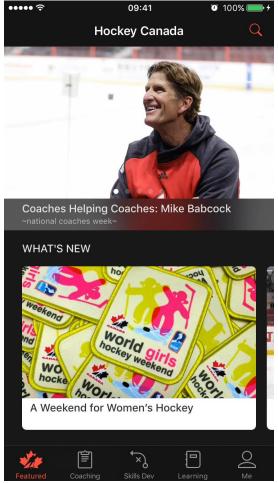
FEATURED

Featured is the main menu and the place where you will always start within the app.

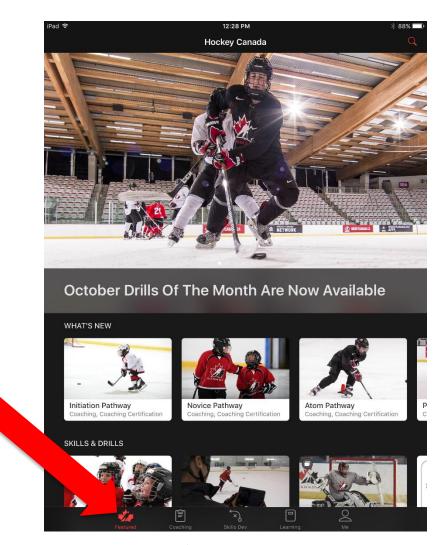
It automatically updates every time you open it







FEATURED



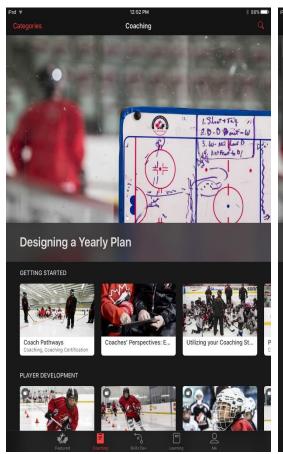


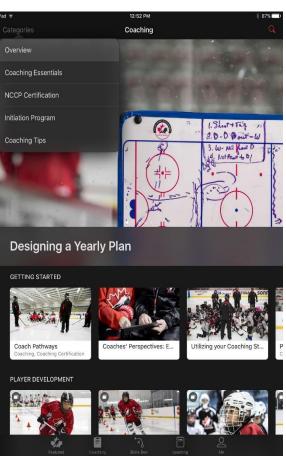
Swipe left or right to view featured content that is updated regularly

Swipe up to view "What's new" and "Popular content"

Swipe left to view multiple articles in What's new

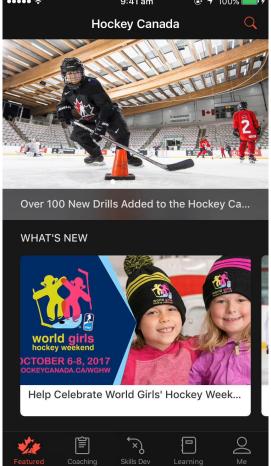
COACHING





Touch on a subject to view information on specific age groups such as seasonal breakdowns and skill inventories

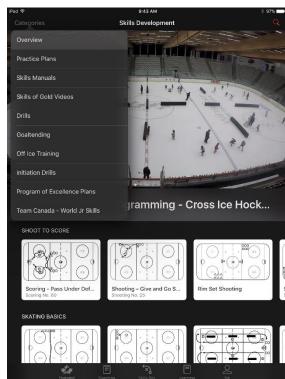


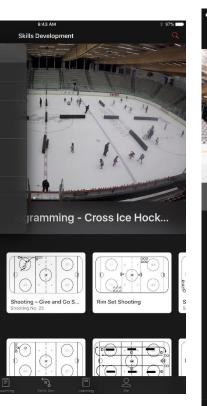


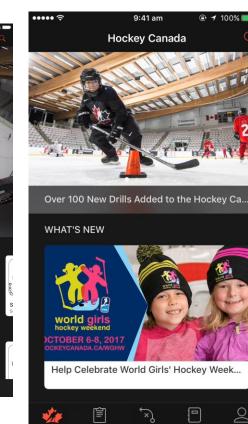
Swipe left or right to view featured content that is updated regularly

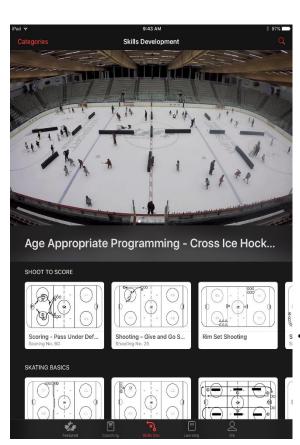
Swipe up to view "Related Content" and "Popular content"

Swipe left to view multiple articles in "Related Content"









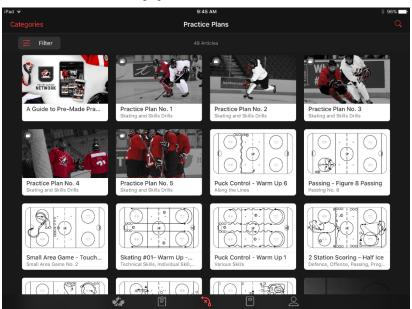
Practice Plans

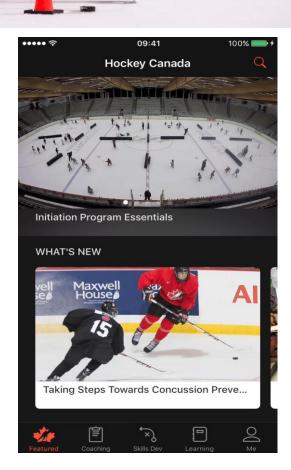
Hockey Canada Network App 🌺

Ready Made Practice Plans for all levels including video and lesson instruction.

Each practice plan is designed as a skills insert for coaches to put into their practice.

4 skill drills in each plan allow for the coach to put in a few of their own favorites while incorporating skills into every practice





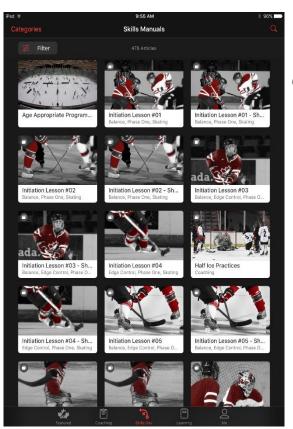
Skills Manuals

The entire series of Hockey Canada Skills Development Manuals is located here.

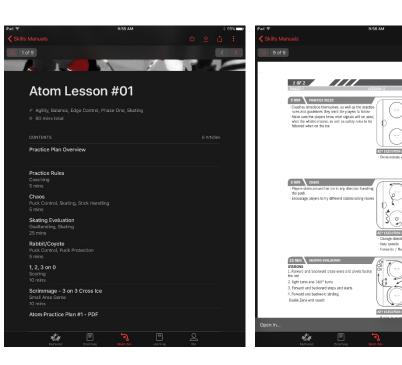
Each manual is broken up into 32 separate practice plans. Each

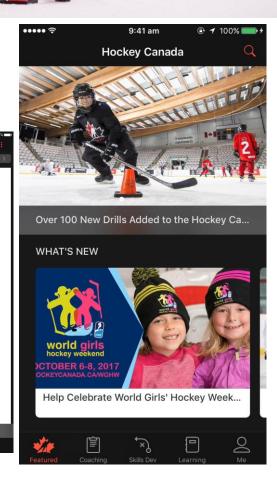
individual drill can also be accessed.

Favorite, download and share an entire practice plan or individual drill

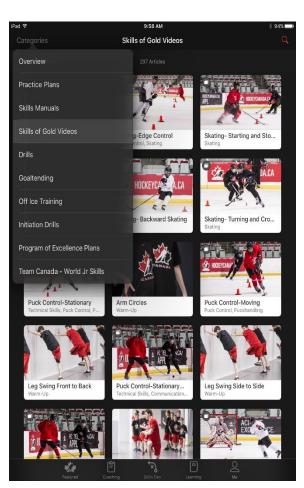








Skills of Gold Videos



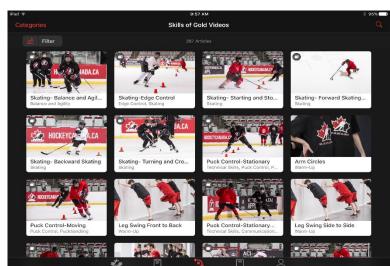
Hockey Canada Network App 🐲

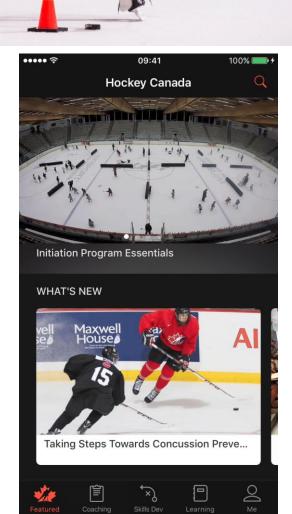
The entire Skills of Gold DVD Set has been included in this section.

HOCKEYC

Over 500 videos in progression.

Favorite, download and share



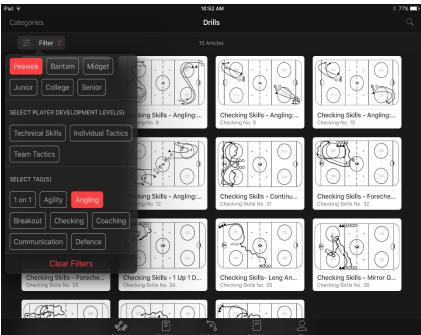


Drills

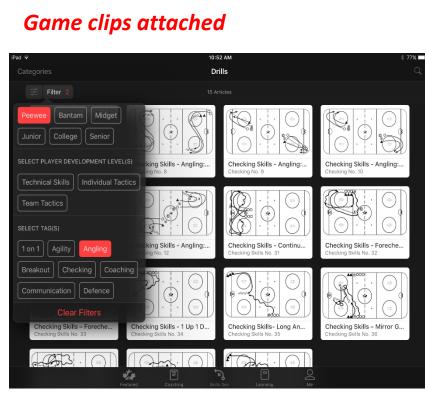
Search and Filter 1000's of Drills. Every drill includes a drill diagram, explanation and video instruction.

Also watch for Skills videos that have Team Canada

Game clips attached

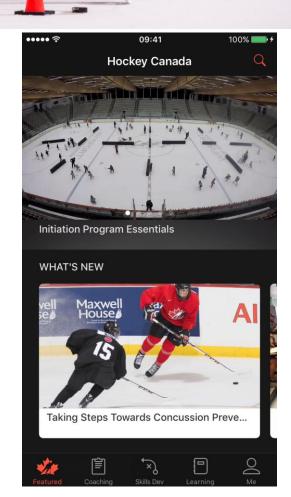


HOCKEYC'

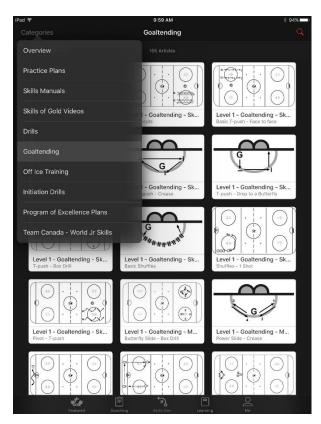


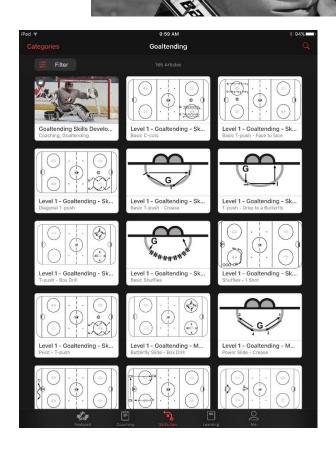


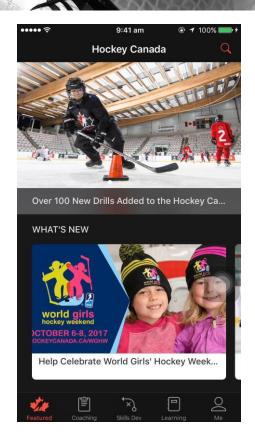




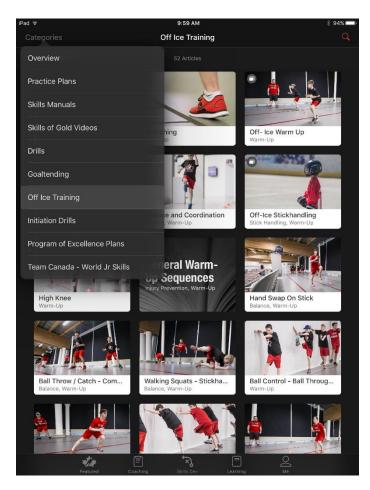
Goaltending







Off Ice Training

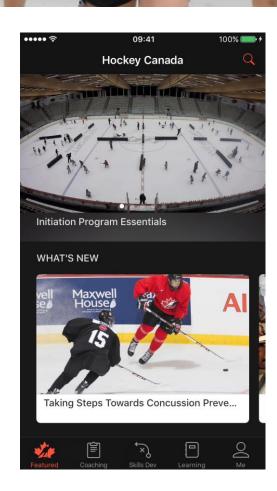


The entire Skills of Gold Off Ice DVD has been included in this section.

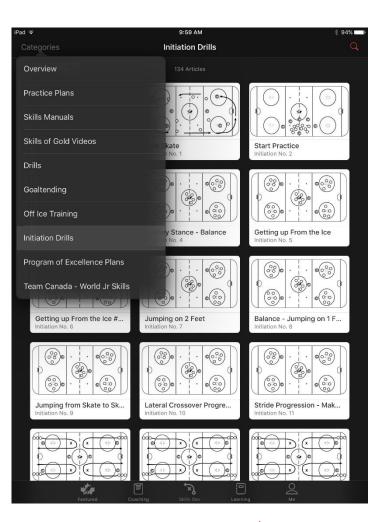
Team Canada Warm up Protocols and functional movement videos also included

Over 100 videos in progression.

Favorite, download and share



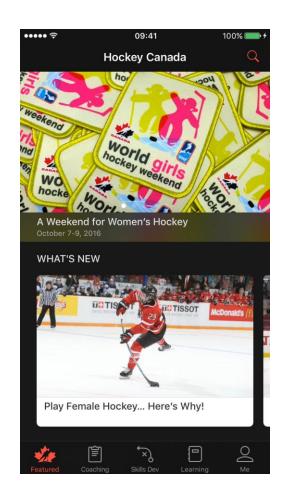
Initiation Drills



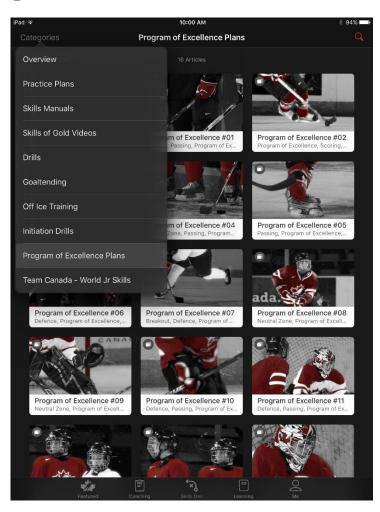
Over 130 Drills and Videos specific to the Initiation Program is included here.

Also included is the Fun and Games Manual for ideas on small area and fun games

Favorite, download and share



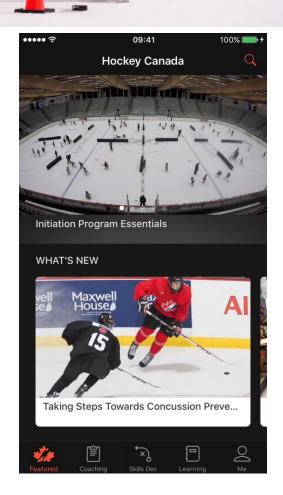
Program of Excellence



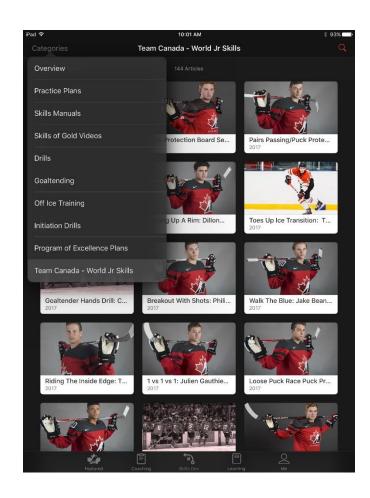
15 set practice
plans put together
by former Team
Canada Coaches.
Combinations of
skills, tactics and
team play in ready
made practice
plans.

HOCKEYC

Favorite, download and share

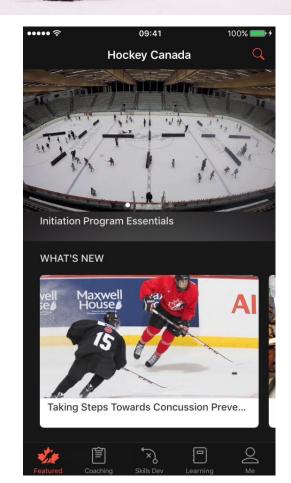


Team Canada - World Junior Skills



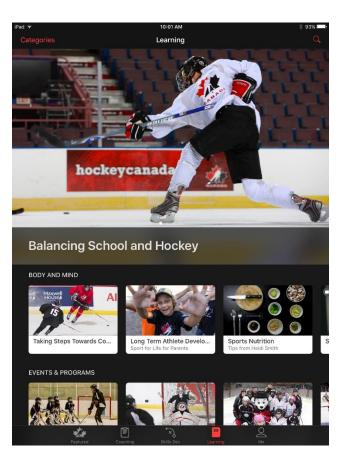
Click on the tiles to see the Team Canada World Jr players explaining and performing skills and drills.

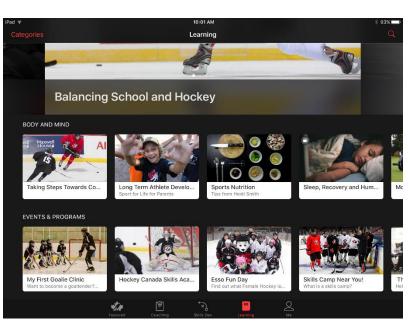
Favorite, download and share

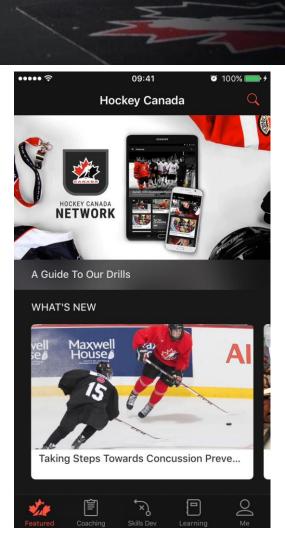


LEARNING

Regularly updated learning resources from health to safety.

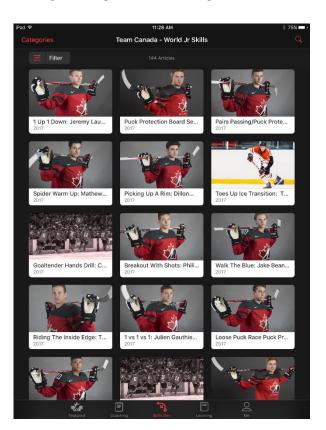


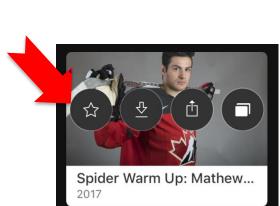


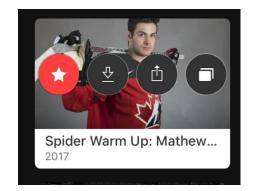


FAVORITES

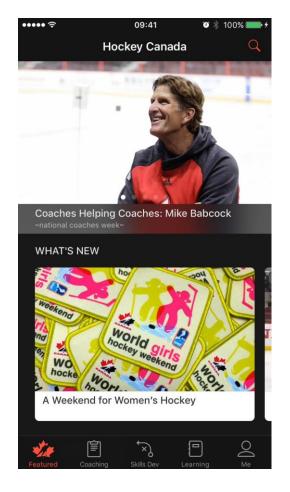
Touch a tile – Hold your finger on it and touch the favorites icon to save the article / drill / video to your favorites folder





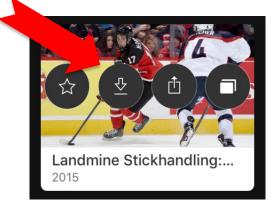


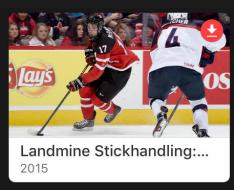


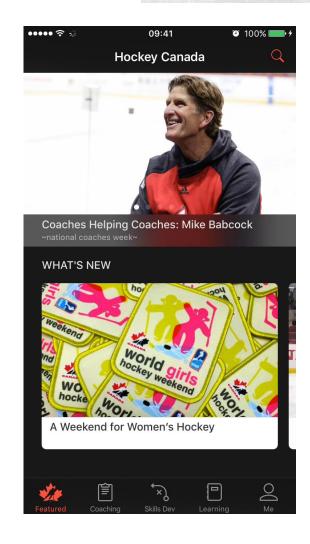


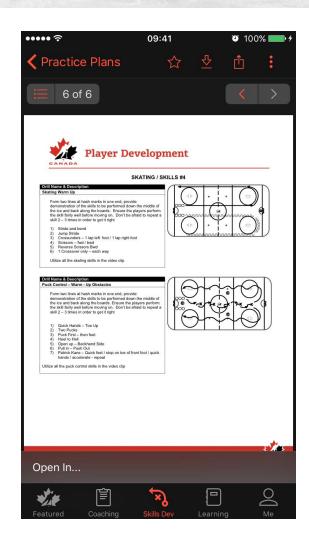
DOWNLOADS

Touch a tile – Hold your finger on it and touch the download icon to save it to your device for use without a wi-fi connection





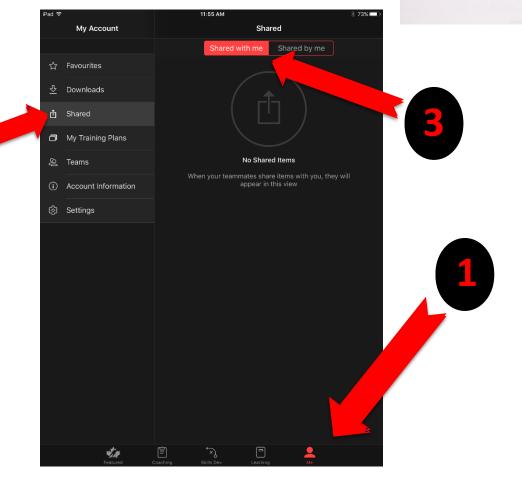




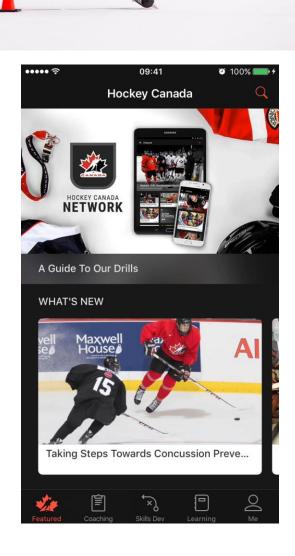


SHARED WITH ME

Hold your finger on Shared with Me icon to see the training plans / articles / drills or videos that other people have shared with you

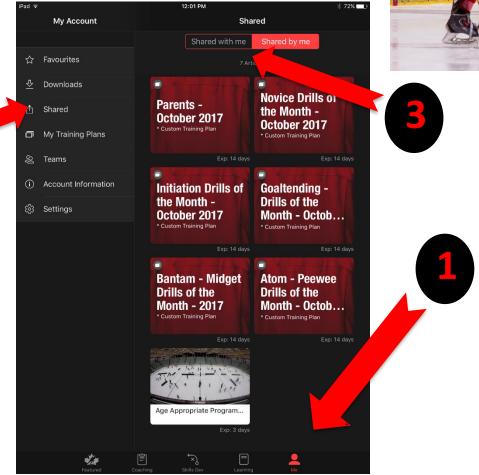


HOCKEYCANADA.C/

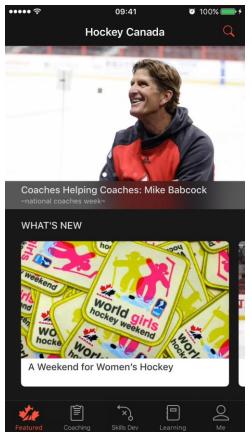


SHARED BY ME

Hold your finger on Shared By Me icon to see the training plans / articles / drills or videos that you shared

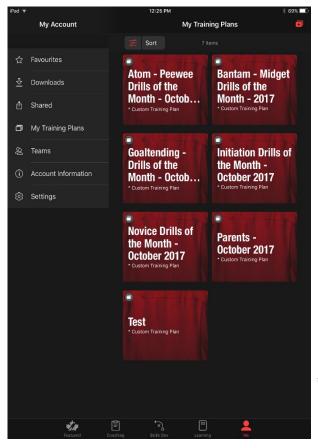


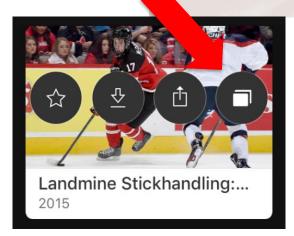


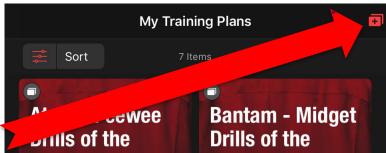


TRAINING PLANS

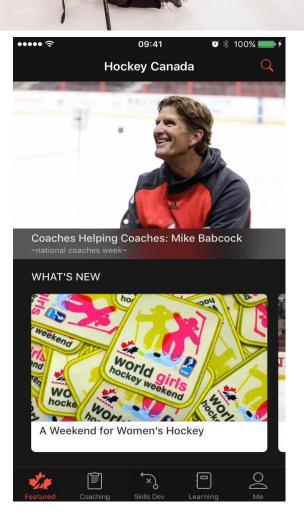
Touch a tile – Hold your finger on it and touch the Training Plan icon to add the article / drill / video to an existing training plan



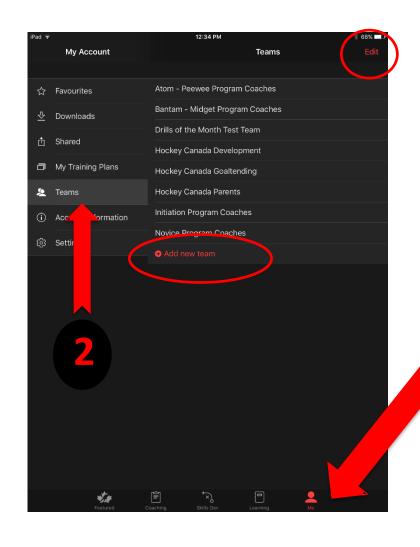




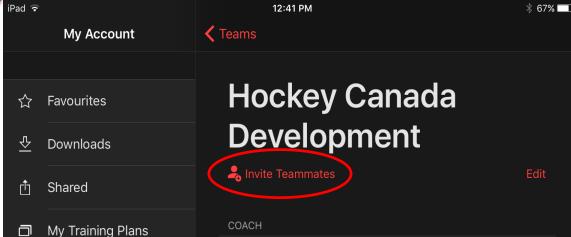
Tap your finger on the Training Plans icon then Red Folder with + to create a new training plan



TEAMS

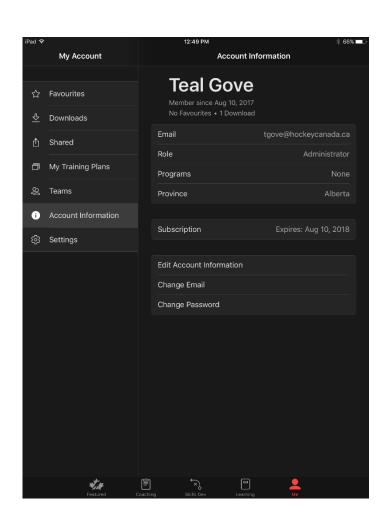




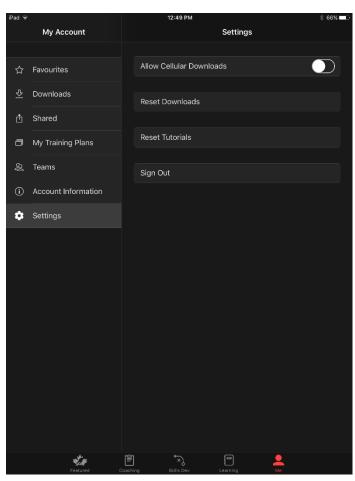


MY ACCOUNT





Touch on Account to review or change your account settings, allow notifications and downloads.



Hockey Canada Development Program



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President: TonyForesi 400 Sheldon Drive, Unit 9 Cambridge, Ont. NIT 2H9 Tel: (226) 533-9070 Fax: (519) 620-7476 ohf.on.ca



HOCKEY NORTH-WESTERN ONTARIO

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Richcraft Sensplex

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Ottawa, Ont. K11 8H9

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President: Jack Lee 32 Queensway Grand Falls-Windsor, N.L. A2A2J4 Tel: (709) 489-5512 Fax: (709) 489-2273 hockeynl.ca

