



## Coach Mentorship Program Practice Observation & Feedback - Part II

Coach Self-Assessment                     
  Coach Observation - Observer: \_\_\_\_\_

COACH: \_\_\_\_\_ DATE: \_\_\_\_\_

LOCATION: \_\_\_\_\_ TEAM: \_\_\_\_\_

**RATING SCALE: 3 - Above Expectations    2 - Meets Expectations    1 - Needs Work    N/A - Not Applicable**

PRE-PRACTICE PREPARATION				
<b>Objectives:</b>	3	2	1	N/A
- Have identified specific technical and tactical objectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Organization:</b>	3	2	1	N/A
- Pre-ice presentation, preparation of assistant(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Equipment required				
<b>Practice Outline:</b>	3	2	1	N/A
- Clear & organized plan, including diagrams (where necessary)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Warm-up and cool-down				
<b>Components of Yearly Plan:</b>	3	2	1	N/A
- Practice plan fits into seasonal plan	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Objectives and drill progressions relate to previous practice				

PRACTICE				
<b>Use of Drills:</b>	3	2	1	N/A
- Full/maximum participation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Drills aid in teaching skills & tactics effectively				
- Drill progressions from simple to complex				
<b>Teaching Techniques:</b>	3	2	1	N/A
- Allowed time for teaching and demonstrations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Demonstrations are effective & appropriate				
- Effective use of voice and body language				
<b>Error Correction:</b>	3	2	1	N/A
- Immediate and appropriate feedback	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Repetition of drills where necessary				
<b>Rapport with Players:</b>	3	2	1	N/A
- Positive Communicator	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Non-threatening, relaxed atmosphere				
- Evidence of player enjoyment				
<b>Organization:</b>	3	2	1	N/A
- Use full ice surface when necessary & appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Attention to risk management				
- Follow practice outline				
- Use of on-ice assistant(s) - support personnel				

REFLECTION			
<b>3 THINGS THAT WENT WELL:</b>	<b>3 THINGS TO IMPROVE ON:</b>		
1. _____	1.	_____	
2. _____	2.	_____	
3. _____	3.	_____	

**NOTES**