

| HEO MINOR HOCKEY INFRACTIONS 2025-2026  |                         | Minimum Game Suspensions |                                     |                                     |                    |
|---|-------------------------|--------------------------|-------------------------------------|-------------------------------------|--------------------|
| Click here to jump to the IMPORTANT NOTES section   |                         | 1st Offense              | 2nd Offense                         | 3rd and Subsequent                  | 4th and Subsequent |
| <b>MISCONDUCTS</b>  |                         |                          |                                     |                                     |                    |
| 11.1 (d) iv - Not Proceeding to Penalty Bench when assessed a penalty   | 0                       |                          |                                     |                                     |                    |
| 7.10 (d) - Failure to go to the Players Bench or Neutral Area   | 0                       |                          |                                     |                                     |                    |
| 10.6 (d) - Refusing to Surrender Stick for Measurement  | 0                       |                          |                                     |                                     |                    |
| 10.5 (d) - Throwing stick over boards   | 0                       |                          |                                     |                                     |                    |
| 10.6 (d) - Protective Equipment   | 0                       |                          |                                     |                                     |                    |
| 11.1 (d) i - Unsportsmanlike Conduct  | 0                       |                          |                                     |                                     |                    |
| 11.2 (d) - Abusive Behaviour (includes inciting)  | 0                       |                          |                                     |                                     |                    |
| 11.1 (d) v - Referee's Crease   | 0                       |                          |                                     |                                     |                    |
| 11.1 (d) iii - Intentionally knocks or shoots puck out of reach of official   | 0                       |                          |                                     |                                     |                    |
| 4.11 (c) 11.1 (d) iii - Interference/Distraction During Penalty Shot  | 0                       |                          |                                     |                                     |                    |
| <b>PLAYER GAME MISCONDUCTS</b>  |                         |                          |                                     |                                     |                    |
| 11.1 (e) - Unsportsmanlike Conduct  | 1                       | 2                        | 4+District Hearing                  | Until HEO Minor Council D&A Hearing |                    |
| 11.2 (e) - Abusive Behaviour  | 2                       | 4+District Hearing       | Until HEO Minor Council D&A Hearing |                                     |                    |
| <b>5 + GM (Infractions Below)</b>   |                         |                          |                                     |                                     |                    |
| 9.2 (b) (e), 9.2 (e), 9.3 (b), 7.2 (b), 8.5 (b), 8.4 (b), 7.8 (b),<br>7.3 (b), 7.4 (b), 7.6 (b), 8.6 (b), 7.1 (b), 7.9 (b), 8.1 (b)<br>8.1 (b), 8.2 (b), 8.2 (b), 8.3(b), 8.4 (a), 8.3(b), 10.5 (a)   | 1                       | 2                        | 4+District Hearing                  | Until HEO Minor Council D&A Hearing |                    |
| 7.5 (a) - Minor penalty Checking from behind any time in the game   | 1                       | 2                        | 4+District Hearing                  | Until HEO Minor Council D&A Hearing |                    |
| 7.5 (b), (e) - Major Penalty Checking from behind   | 2                       | 3                        | 5+District Hearing                  | Until HEO Minor Council D&A Hearing |                    |
| 4.7 (c) - 2nd Misconduct same game (Any player who is assessed a second Misconduct penalty in the same game will automatically be assessed a Game Misconduct Penalty under 4.7 (c)). NOTE: If the second Misconduct occurs in the last 10 mins of the game, at any time in overtime, or after the conclusion of the game, rule 4.8 (c) applies in addition to 4.7 (c) | 1                       | 2                        | 2+District Hearing                  | Until HEO Minor Council D&A Hearing |                    |
| 10.8 (b) ii - Player or team official refuses to leave bench (Major + GM)   | 1                       |                          |                                     |                                     |                    |
| <b>PLAYER GAME MISCONDUCTS FOR FIGHTING and related COACH Suspensions</b>   |                         |                          |                                     |                                     |                    |
| 7.10 (b) - Fighting   | 2                       | 3                        | 5                                   | Until HEO Minor Council D&A Hearing |                    |
| 7.10 (e iii.) - 2nd fight same stoppage   | 3                       |                          |                                     |                                     |                    |
| 7.10 (e ii.) - Player who joins in on a fight or acts as a peacemaker   | 3                       |                          |                                     |                                     |                    |
| 10.4 (e) - Leaving the Bench  |                         |                          |                                     |                                     |                    |
| First player to leave players bench <b>during</b> fight   | 4                       |                          |                                     |                                     |                    |
| First player to leave penalty box <b>during</b> fight   | 5                       |                          |                                     |                                     |                    |
| Coach of first player to leave players bench or penalty box <b>during</b> fight   | 4                       |                          |                                     |                                     |                    |
| Coach of a player who leaves players bench or penalty box but not first   | 2                       |                          |                                     |                                     |                    |
| Coach of first player to leave penalty bench <b>during</b> fight  | 4                       |                          |                                     |                                     |                    |
| 7.11 (a) Instigator and/or Aggressor of a Fight   | 1                       | 3                        | Until HEO Minor Council D&A Hearing |                                     |                    |
| Rule 7.11 (a): If a player is assessed both instigator and aggressor penalties in the same altercation, they would be suspended for both offences.  |                         |                          |                                     |                                     |                    |
| <b>TEAM OFFICAL GAME MISCONDUCTS</b>  |                         |                          |                                     |                                     |                    |
| 11.1 (e) - Unsportsmanlike Conduct  | 2                       | 4+District Hearing       | Until HEO Minor Council D&A Hearing |                                     |                    |
| 11.2 (e) - Abusive Behaviour  | 4                       | 8+District Hearing       | Until HEO Minor Council D&A Hearing |                                     |                    |
| 11.1 (e) - Unsportsmanlike Conduct (Team Official targetting Green armband Officials only)  | 4                       | 8+District Hearing       | Until HEO Minor Council D&A Hearing |                                     |                    |
| 11.2 (e) - Abusive Behaviour (Team Official targetting Green armband Officials only)  | 8                       | 8+District Hearing       | Until HEO Minor Council D&A Hearing |                                     |                    |
| 10.4 (e) - Coach whose player is NOT identified as the first to leave bench   | 1                       |                          |                                     |                                     |                    |
| 10.4 (a) - Bench Official on the ice without permission of Official   | 1                       |                          |                                     |                                     |                    |
| 10.8 (b) i - Refusing to Start Play (Coach - Major + GM)  | Until HEO Minor Hearing |                          |                                     |                                     |                    |
| 10.8 (b) ii - Player or team official refuses to leave bench (Major + GM)   | 1                       |                          |                                     |                                     |                    |

| PLAYER GROSS MISCONDUCTS  |  |  |   |                                     |
|---|--|--|---|-------------------------------------|
| <b>11.4 - Discriminatory Slur</b>   | 5 (Minimum) +Indefinite Suspension Until HEO 11.4 Form Completed | 5 (Minimum) + Indefinite Suspension Pending District Hearing | 5 (Minimum) + Indefinite Suspension Pending HEO Minor Council D&A Hearing |                                     |
| <b>11.2 (f) - Travesty of Game (11.2F)</b><br><b>7.10 (f) - Fighting with Team Official (7.10F)</b>   | 3  | 4+District Hearing   | Until Minor Council D&A Hearing   |                                     |
| <b>10.4 (f) - Disrupts Game after being Removed (Player)</b>  | 3  |  |   |                                     |
| <b>10.6 (f)i - Illegal Equipment</b>  | 3  |  |   |                                     |
| <b>10.6 (f)ii - Refusing to Remove Helmet or Facial Protector for Purposes of Identification</b>  | 3  |  |   |                                     |
| <b>10.6 (f) iii/iv - Removing Helmet and/or Chin Strap (10.6F)</b>  | All Player Gross Misconducts                                     | 3  | 4+District Hearing  | Until Minor Council D&A Hearing     |
| TEAM OFFICIAL GROSS MISCONDUCT  |  |  |   |                                     |
| <b>11.4 - Discriminatory Slur</b>   | 5 (Minimum) + Until HEO 11.4 Form Completed                      |  |   |                                     |
| <b>11.4 - Discriminatory Slur (11.4) (Team Official targetting Green armband Officials only)</b>  | 5 (Minimum) + Until HEO 11.4 Form Completed                      | 5 (Minimum) + Indefinite Suspension Pending District Hearing | 5 (Minimum) + Indefinite Suspension Pending HEO Minor Council D&A Hearing |                                     |
| <b>11.2 (f) - Travesty of Game or Obscene Gesture</b><br><b>7.10 (f) - Fighting with Team Official</b><br><b>7.1 (f) - Team Official - Headbutt</b><br><b>8.4 (f) - Interference from Bench (Team Official)</b><br><b>10.4 (f) - Disrupts Game after being Removed (Team Official)</b>  | All Team Official Gross Misconducts                              | 3  | 4+District Hearing  | Until HEO Minor Council D&A Hearing |
| MATCH PENALTIES   |  |  |   |                                     |
| <b>11.3 (c) - Spitting</b>  | 5  | 7+District Hearing   | Until HEO Minor Council D&A Hearing                                       |                                     |
| <b>7.1 (c) - Attempt to Injure, Headbutting, Kicking</b><br><b>7.1 (c) - Grabbing Hair, Facemask etc. (7.1C)</b><br><b>7.9 (c) - Roughing</b><br><b>8.7 (c) - Clipping</b><br><b>9.2 (c) - Cross-Checking</b><br><b>9.3 (c) - Slashing</b><br><b>10.5 (c) - Throwing or Shooting Stick or Object</b><br><b>9.4 (c), 9.1 (c) - Spearing, Butt Ending</b><br><b>7.2 (c) 7.3 (c) - Boarding, Body Checking</b><br><b>7.4 (c) - Charging</b><br><b>7.8 (c) - Kneeing</b><br><b>7.1 (c), 7.10 (c) - Facial Protector as Weapon, Fighting with Ring or Tape on hands (7.1C)</b><br><b>8.8 (c) Slewfooting</b> | 3  | 7+District Hearing   | Until HEO Minor Council D&A Hearing                                       |                                     |
| <b>7.5 (c) - Checking from Behind</b>   | 4  | 9+District Hearing   | Until HEO Minor Council D&A Hearing                                       |                                     |
| <b>7.6 (c) - Checking to the Head</b>   |  |  |   |                                     |
| PHYSICAL ABUSE OF OFFICIALS   |  |  |   |                                     |
| <b>11.5 (c) i - Threatening an official</b><br><b>11.5 (c) - Physical Harassment of an Official - Attempted Strike</b><br><b>11.5 (c) - Physical Harassment of an Official - Deliberate Touch, Hold, Push</b><br><b>11.5 (c) - Physical Harassment of an Official - Deliberate Strike, Trip, Body Check</b>   | Until HEO Minor Council D&A Hearing (4 game Minimum)             |  |   |                                     |
| <b>11.5 (e) - Accidentally Applying Physical Force to an Official during Altercation or Gathering</b>   | 3  |  |   |                                     |
| SPECIAL SITUATIONS  |  |  |   |                                     |
| <b>Pre-Game/ Post Game Altercation</b>  |  |  |   |                                     |
| <b>PG 101 - Player involved in pre or post game alteration under rule 7.10</b>  | Additional 2 Games   |  |   |                                     |
| <b>PG 102 - Post/Pre Game Altercation - Coach of team whose players are so penalized under rule 7.10 + PG 102</b>   | Until District Hearing   | Until HEO Minor Council D&A Hearing                          |   |                                     |
| <b>PG 103 - Any team involved in pre or post game brawl</b>   | Until HEO Minor Council D&A Hearing                              |  |   |                                     |
| <b>4.8 (c) Any player or team official who is assessed a Game Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.8(c)</b>   | 1  |  |   |                                     |

|   |   |  |   |   |
|---|---|--|---|---|
| is in addition to any suspensions applied under the minimum guidelines.   |   |  |   |   |
| 4.9 (b) Any player or team official who is assessed a Gross Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.9(b) is in addition to any suspensions applied under the minimum guidelines. | 1   |  |   |   |
| 4.8 (b) - Game Ejection   | 0   | 0                                      | 0   | 0 |
| <b>ADDITIONAL COACH SUSPENSIONS</b>   |   |  |   |   |
| Coach of team receiving 3 Majors in a game GM, Match, or Fighting   | 1   | 3                                      | Until HEO<br>Minor Council D&A<br>Hearing |   |
| Coach playing a suspended player or coaching while suspended  | 3+ District can<br>add up to 2 additional | Until HEO<br>Minor Council D&A Hearing |   |   |

### IMPORTANT NOTES

\*Discipline applied in accordance with any minimum suspension(s) within these guidelines are not subject to appeal. For infractions resulting in a suspension of three (3) games or more, please see HEO [Governance Section on the HEO Website](#) & find 6.49.2 Video Review Policy for more information."

\*\*4.8 (c) Any player or team official who is assessed a Game Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game they will automatically be suspended for a minimum of the next regular league/play off game Note: The 1 game suspension under rule 4.8 (c) is in addition to any suspensions applied under the minimum guidelines.\*\*

\*\*4.9 (b) Any player or team official who is assessed a Gross Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game. Note: The 1 game suspension under Rule 4.9(b) is in addition to any suspensions applied under the minimum guidelines.\*\*

\*\*4.7 (c) - 2nd Misconduct same game (Any player who is assesed a second misconduct penalty in the same game will automatically be assessed a Game Misconduct Penalty under 4.7 (c)). Note: If the second misconduct occurs in the last 10 mins of the game, at any time in overtime, or after the conclusion of the game, rule 4.8 (c) applies in addition to 4.7 (c)\*\*

\*\***PG101** - PG101 applies only to calls made under rule 7.10 in post game or pre-game. Post game is considered after the final buzzer has went and referees have sent players back to their respective benches. An incident that occurs in between the time the final buzzer goes and before the referee sends the players to their respective benches is considered a continuation of the game and NOT post game.\*\*

**\*\*Rule 11.4 Suspensions:** Any player or team official that receives an 11.4 infraction 1st offence will be assessed the Hockey Canada Minimum five (5) Meaningful Game Suspension - in addition, these individuals are considered **indefinitely suspended** (unable to participate in any hockey activities including practices) pending completion of the HEO 11.4 Form referenced on the HEO 6.49.1 Code of Discipline. For the purposes of removing the indefinite component of the suspension, completing the 11.4 form requires the individual assessed the infraction to receive, read, sign, and return the form to whomever they received it from. Any meaningful games missed between the date the 11.4 infraction was assessed and prior to signing and returning the form count as games served towards the 5 meaningful game component (the remainder of the game that the 11.4 was assessed in does not count as a game served).