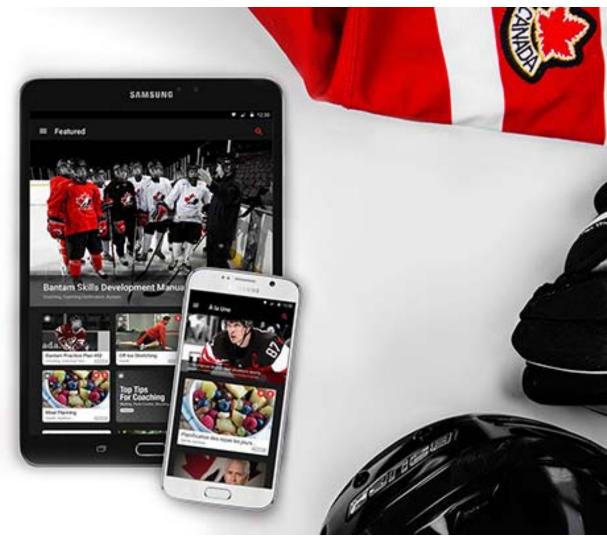


Hockey Canada Network App



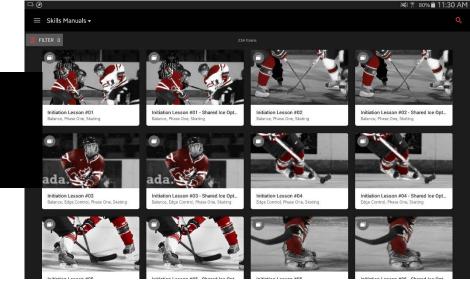


Android

2018 - 19

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VISION: WORLD SPORTS LEADERS

Hockey Canada Development



The Future of Coaching / Educating / Sharing

The Hockey Canada
Network App and
today's technology is
a game changer for
Coaches and Players.



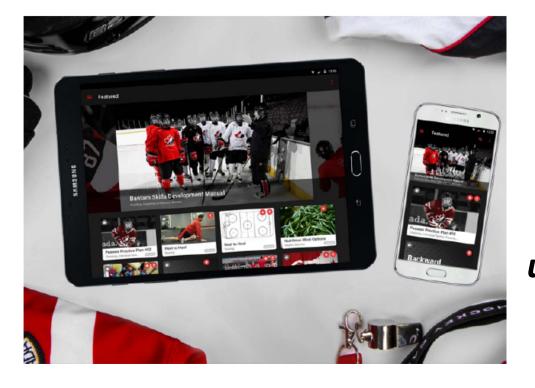
- -Drills
- -Video
- -Practice Plans
- -Information
- -Sharing





www.hockeycanadanetwork.com







The HC Network App can be downloaded to multiple devices using the same login credentials.

Android / iOS / English / French



SUBSCRIBE

Getting started is easy...

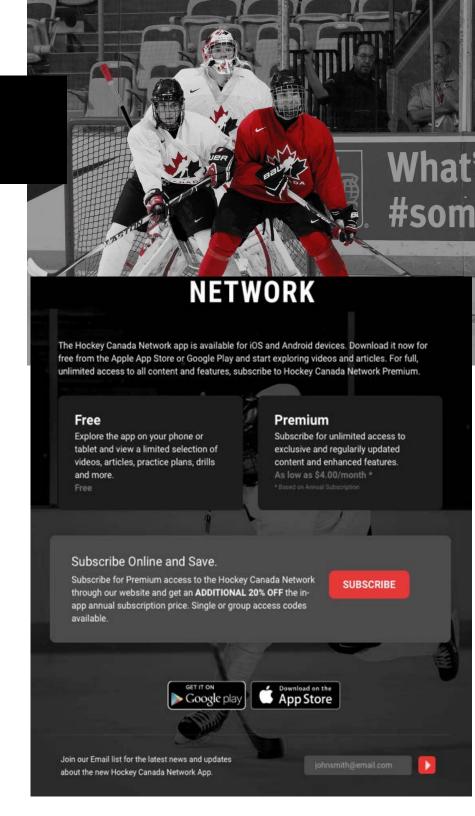
Download the app through the App Store or Google Play.

Subscribe in-app or online for immediate access, distribution and savings.

Purchase Hockey Canada Network **access codes** online for your team or local minor hockey organization.





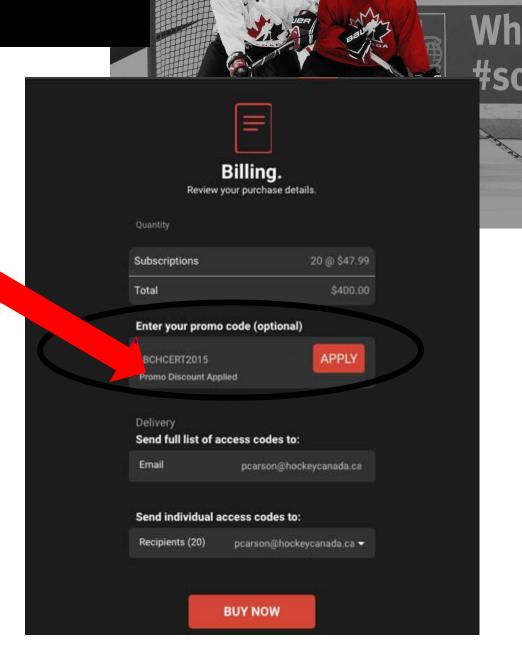


SUBSCRIBE

Promo Code Example:

HCCERT2017

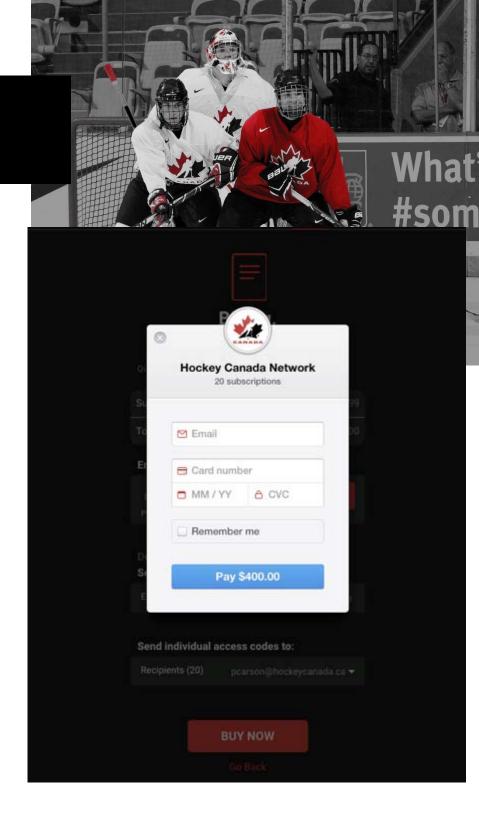
- Enter the Branch Specific promo code
- Click the APPLY button
- The price per unit will change to \$23.00 per unit on the payment page



SUBSCRIBE

Code: HCCERT2017

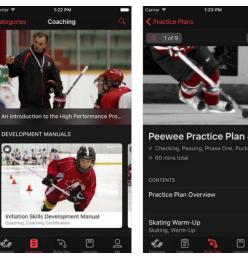
- The example to the right shows
 '20' access codes being purchased
 at \$23 per unit
- The total fee is \$460
- The purchaser can decide to distribute the codes directly from this platform when entering all the email addresses
- Or have all the codes directed to the purchaser



SUBSCRIBE









The HC Network App is a free download from:





- Premium content is available through subscription.
- Anyone who has the subscription can share any article, drill, video with someone who has the free version without them having to buy the HC Network App.



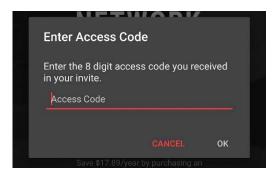


SUBSCRIBE



Enter the 8 digit access code that was e-mailed / provided to you or on the card provided to you



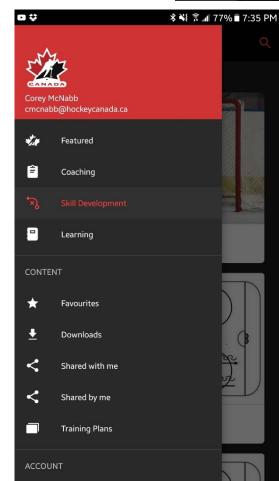




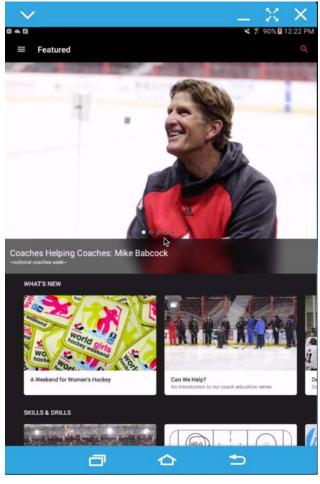
FEATURED

Featured is the main menu and the place where you will always start within the app.

It automatically updates every time you open it

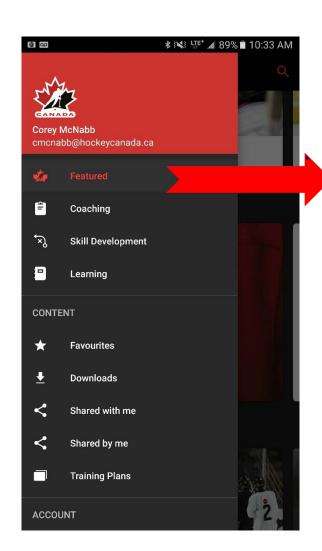






FEATURED

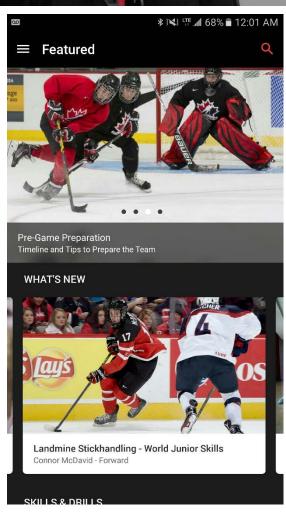




Swipe left or right to view featured content that is updated regularly

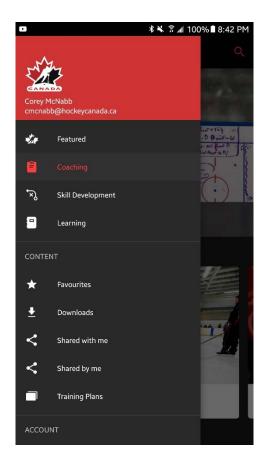
Swipe up to view "What's new" and "Popular content"

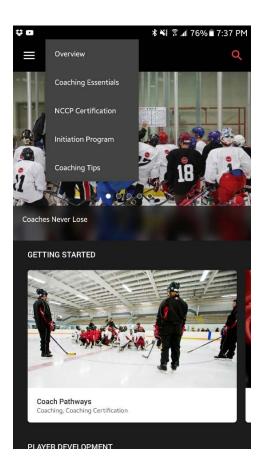
Swipe left to view multiple articles in What's new



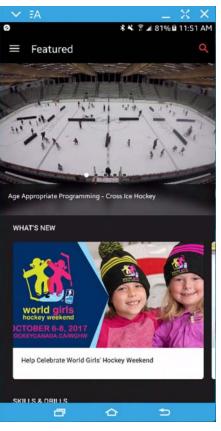
COACHING







Touch on a
subject to view
information on
specific age
groups such as
seasonal
breakdowns and
skill inventories





Swipe left or right to view featured content that is updated regularly

Swipe up to view

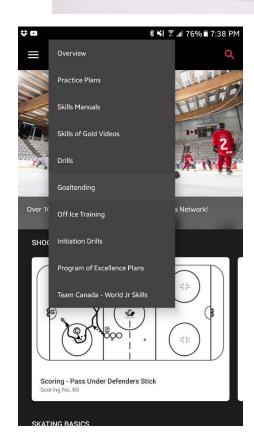
"Related

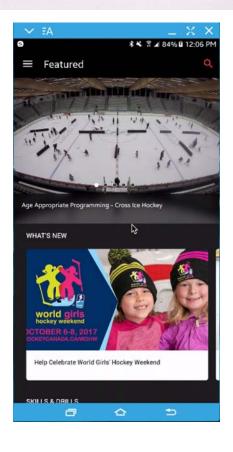
Content" and

"Popular

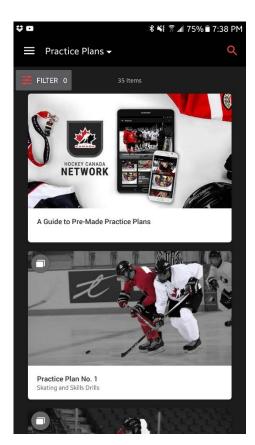
content"

Swipe left to view multiple articles in "Related Content"





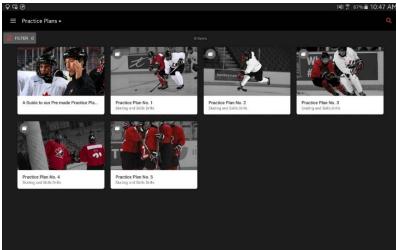
Practice Plans



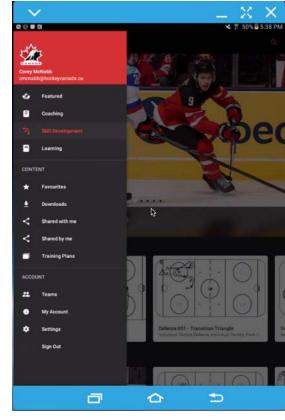
Ready Made Practice Plans for all levels including video and lesson instruction.

Each practice plan is designed as a skills insert for coaches to put into their practice.

4 skill drills in each plan allow for the coach to put in a few of their own favorites while incorporating skills into every practice







Skills Manuals

Skills Manuals

Skills Manuals

FILTER 1

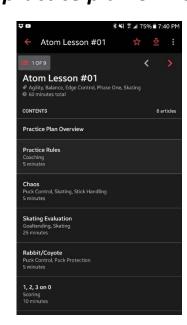
40 Items

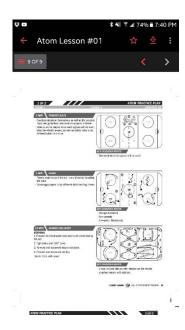
Half Ice Practices
Coaching

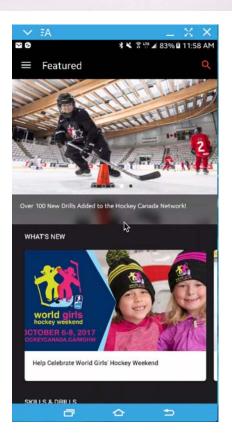
Atom Lesson #01
Agility, Balance, Edge Control, Phase One, Skating

The entire series of Hockey Canada Skills Development Manuals is located here.

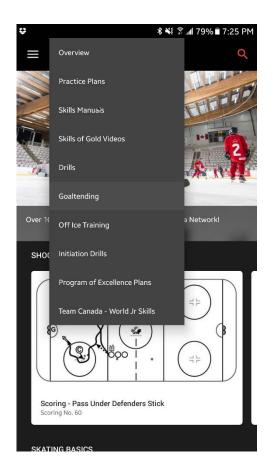
separate practice plans. Each individual drill can also be accessed. Favorite, download and share an entire practice plan or individual drill







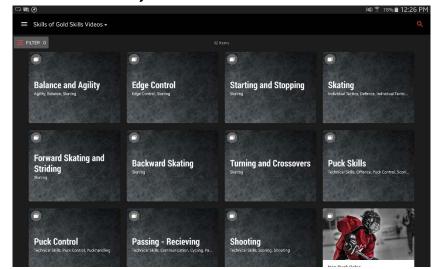
Skills of Gold Videos

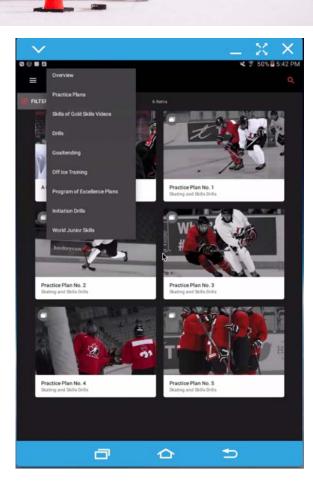


The entire Skills of Gold DVD Set has been included in this section.

Over 500 videos in progression.

Favorite, download and share



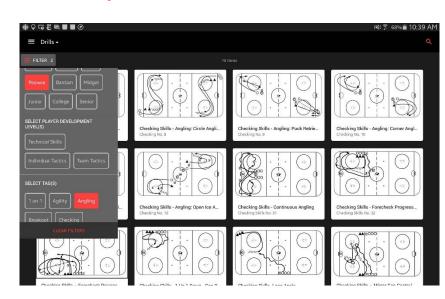


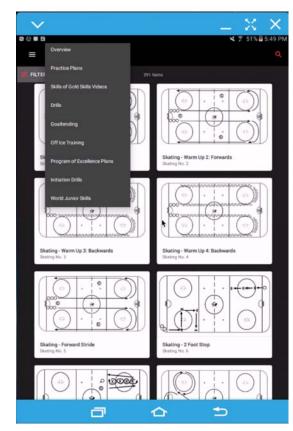


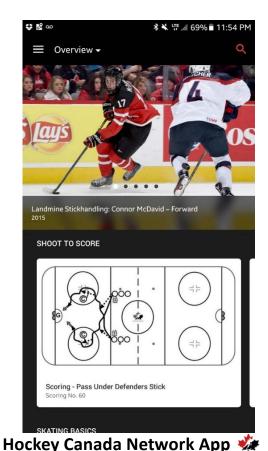
Drills

Search and Filter 1000's of Drills. Every drill includes a drill diagram, explanation and video instruction.

Also watch for Skills videos that have Team Canada Game clips attached

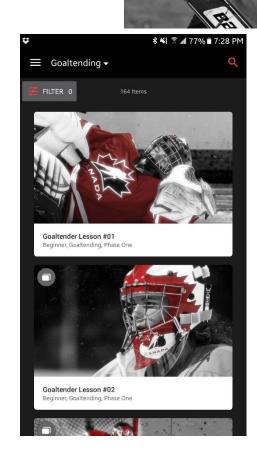






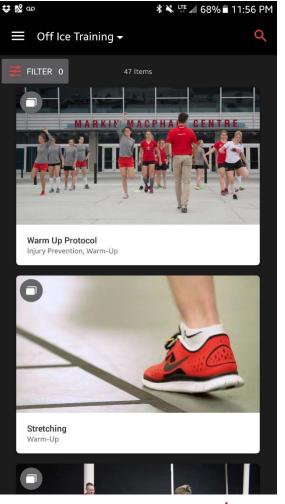
Goaltending







Off Ice Training

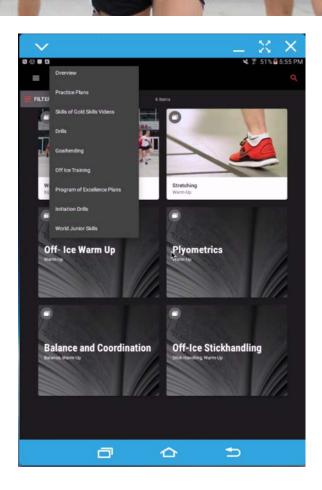


The entire Skills of Gold Off Ice DVD has been included in this section.

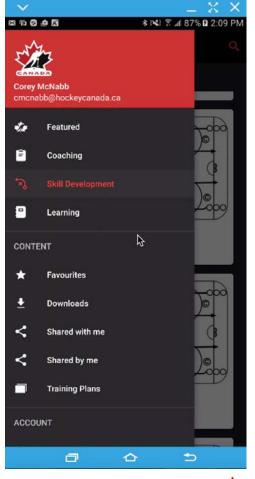
Team Canada Warm up Protocols and functional movement videos also included

Over 100 videos in progression.

Favorite, download and share



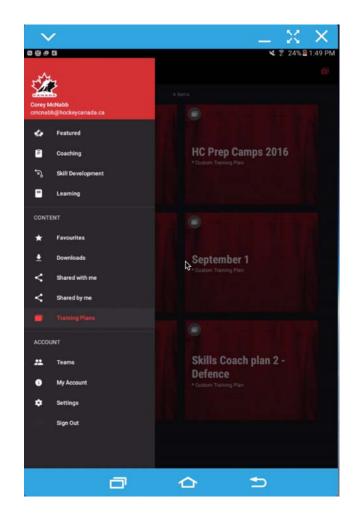
Initiation Drills



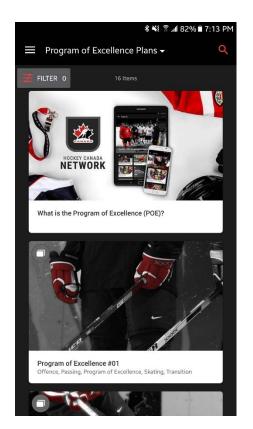
Over 130 Drills and Videos specific to the Initiation Program is included here.

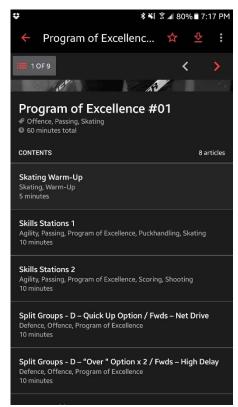
Also included is the Fun and Games
Manual for ideas
on small area and
fun games

Favorite, download and share



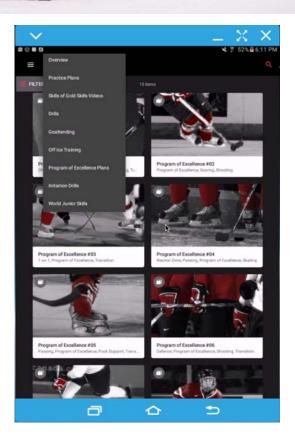
Program of Excellence





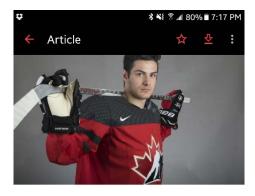
15 set practice
plans put together
by former Team
Canada Coaches.
Combinations of
skills, tactics and
team play in ready
made practice
plans.

Favorite, download and share



Team Canada - World Junior Skills



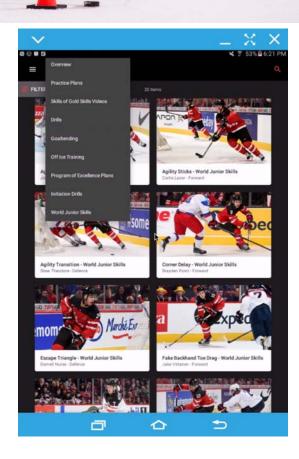


Spider Warm Up: Mathew Barzal - Forward



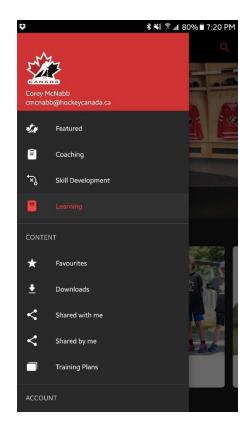
Click on the tiles
to see the Team
Canada World Jr
players
explaining and
performing skills
and drills.

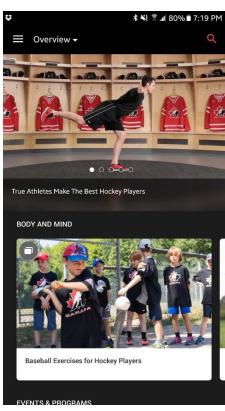
Favorite, download and share

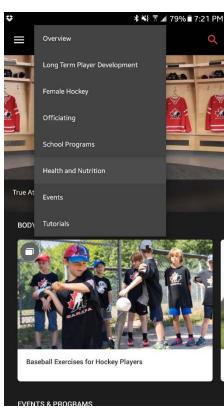


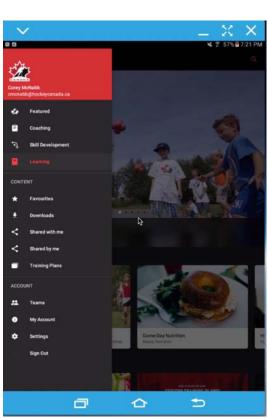
LEARNING

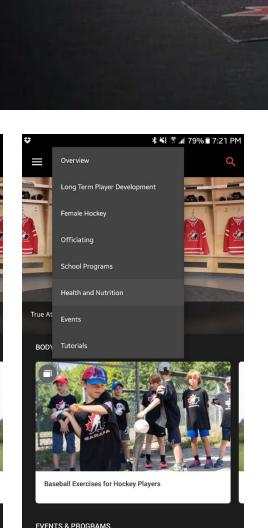
Regularly updated learning resources from health to safety.





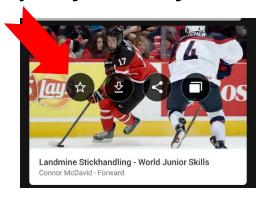


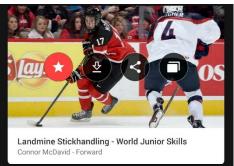




FAVORITES

Touch a tile – Hold your finger on it and touch the favorites icon to save the article / drill / video to your favorites folder



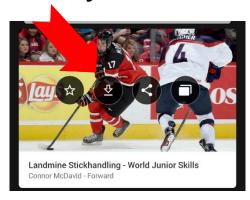


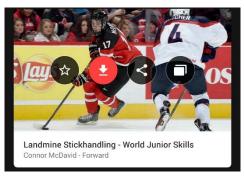


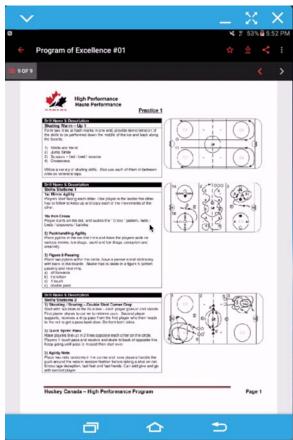


DOWNLOADS

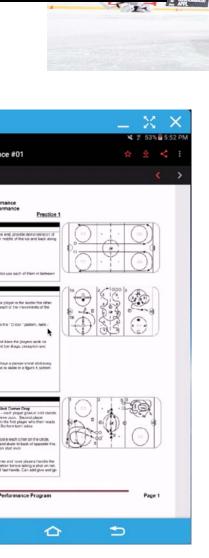
Touch a tile – Hold your finger on it and touch the download icon to save it to your device for use without a wi-fi connection



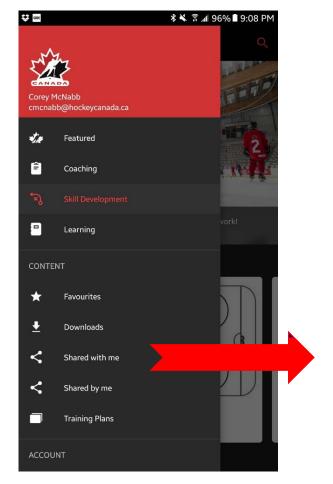






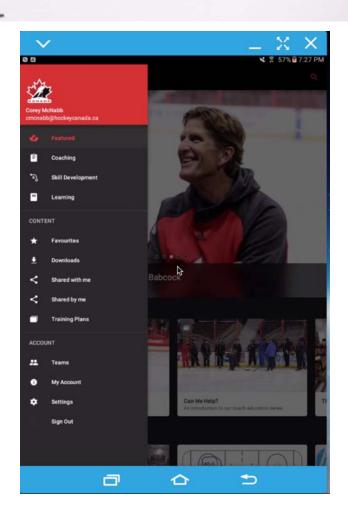


SHARED WITH ME KEYCANADA.C



With Me icon to see the training plans / articles / drills or videos that other people have shared with you

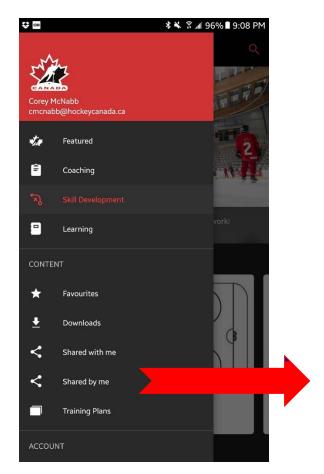






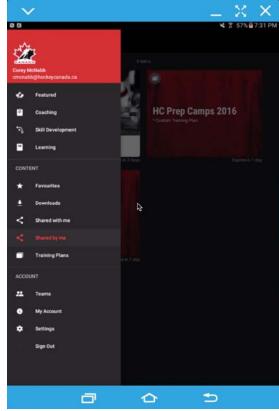
SHARED BY ME





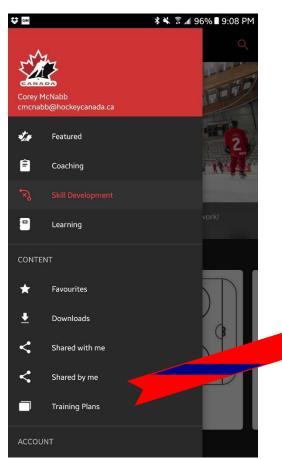
Me icon to see the training plans / articles / drills or videos that you shared



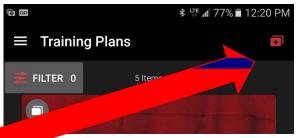


TRAINING PLANS

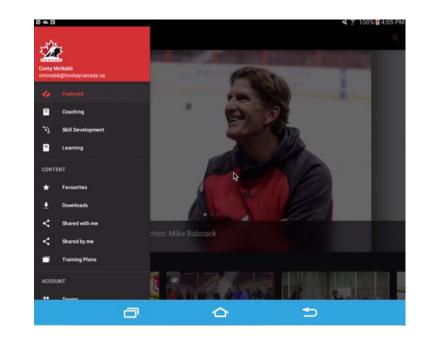
Touch a tile – Hold your finger on it and touch the Training Plan icon to add the article / drill / video to an existing training plan



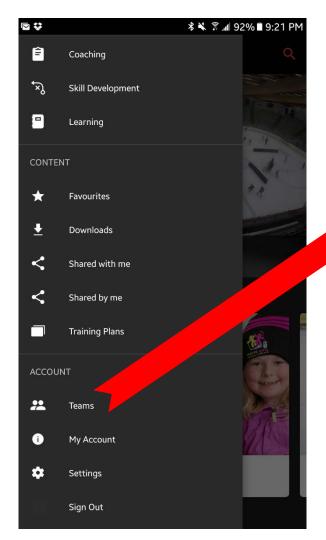


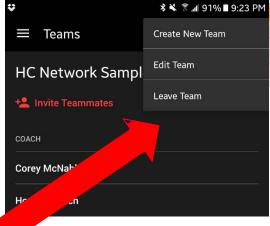


Tap your finger on the
Training Plans icon then Red
Folder with + to create a
new training plan

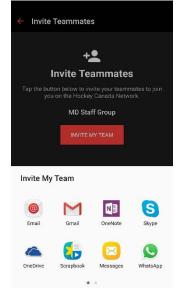


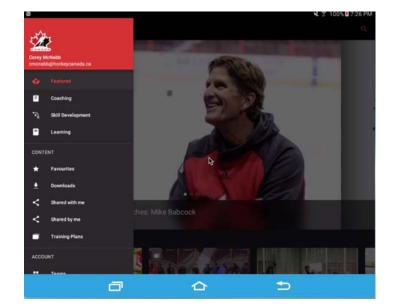
TEAMS



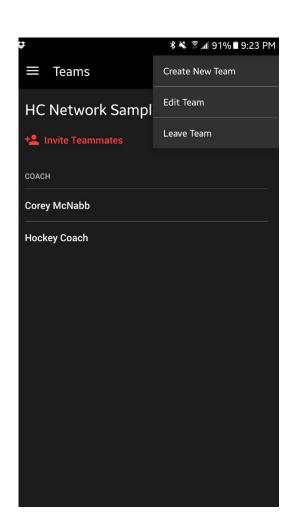


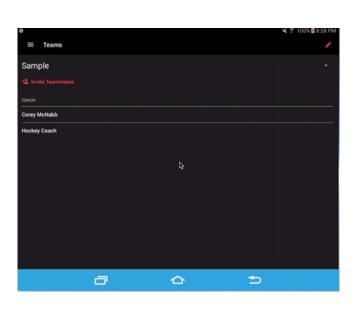
CANADA



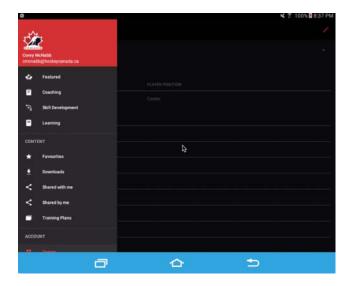


TEAMS

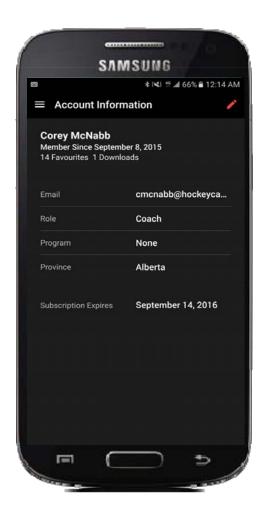








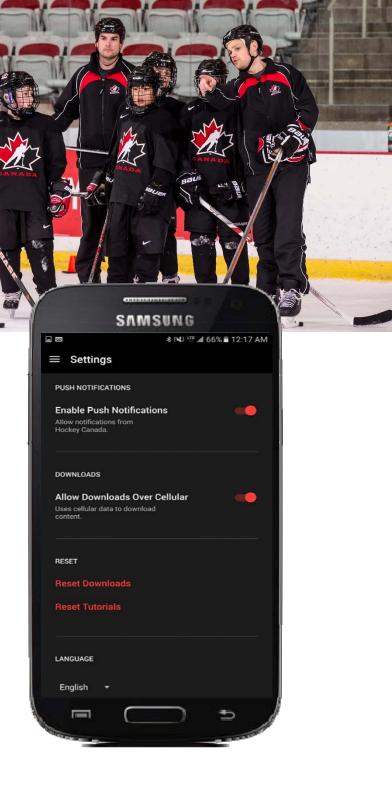
MY ACCOUNT



Touch on Account to review or change your account settings, allow notifications and downloads.

CANAD

You can also edit your account info of change the language between English and French



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