



NOMINATION FORM

Please indicate the position this nomination is for:

- President Director

	NOMINEE
Name	
Address	
Phone	
Email	
Date	
Signature	

	NOMINATOR
Name	
Capacity in which you know Nominee	
Address	
Phone	
Email	
Date	
Signature	

HEO Board Skills Profile

Each candidate's level of expertise/experience should be assessed on a five-point scale where 1 = no experience/expertise and 5 = substantial expertise/experience (for example, Board member or candidate has worked exclusively in this area). Please circle the number that best fits your level of expertise/experience in each category.

EXPERTISE	
Governance (Experience with systems by which organizations are controlled, operated and held to account)	1 2 3 4 5
Strategic Planning (Experience with defining a vision for the future and identifying goals and objectives for an organization)	1 2 3 4 5
Revenue Generation (Experience with activities undertaken to generate revenue, including sales/marketing)	1 2 3 4 5
Leadership Experience (Experience in leading people or an organization)	1 2 3 4 5
Financial Literacy (Knowledge and skills sufficient to make responsible financial decisions)	1 2 3 4 5
Legal (Experience with the system of law and its requirements)	1 2 3 4 5
Human Resources (Experience with hiring, administration and training of personnel)	1 2 3 4 5
Technology/Information Management (Experience with technology and the acquisition, custodianship and distribution of information)	1 2 3 4 5

Risk Management (Experience with forecasting and evaluating risk; identifying solutions to minimize risk)	1 2 3 4 5
Sport Knowledge/ Experience (Experience/knowledge of the game of hockey)	1 2 3 4 5
Media Relations (Experience in working with media to distribute the organization’s key messages)	1 2 3 4 5
Community Perspectives	
Age (18-40, 41-55, 56-75)	
Gender Identity/Prefer not to say	
Member of under-represented groups, for example — BIPOC, LGBTQIA, etc	
Sport Level Knowledge/Experience: (Junior, Minor —High Performance, competitive and recreational, Para, Special)	
Geographic Region — Urban	
Geographic Region — Rural	

Please note that the Nominations Committee may seek to validate the above self-assessment. Candidate self-assessments and all candidate documents will be provided to HEO’s voting members for their use prior to the 2026 HEO AGM.

**Please send this completed form along with a very brief resume (1-2 pages) to:
Debbie Rambeau, Executive Director of HEO and Staff Liaison to HEO’s Nominations
Committee at drambeau@hockeyeasternontario.ca**

**DEADLINE FOR NOMINATION SUBMISSIONS ON
May 15th, 2026 AT 11:59PM EDT
NOTE: Incomplete or late submissions may be rejected.**